



## FLAG – Emergency Action Plan

**FLAG Head Coach:** Coach Young

Medical Profiles of athletes and members of the coaching staff are retained by: Mary Johnson

<b>Emergency Phone Numbers</b>	<b>9-1-1 for all emergencies</b>
Emergency Medical Services	819-966-6200
Police (Non-Emergency)	819-246-0222
<b>Coaching Staff</b> [insert name] Head Coach [insert name] Assistant Coach [insert name] Manager	Cell Numbers:
<b>Address of Venue</b> D'Arcy-Symmes	925 Boulevard du Plateau, Gatineau, Quebec J9J 3G2
<b>Address of Nearest Hospital</b> Hôpital de Gatineau	909 Bd la Vérendrye O, Gatineau, QC J8P 7H2
<b>Charge Person (1<sup>st</sup> Option)</b>	[insert name] – [Head Coach]
Charge Person (2 <sup>nd</sup> Option)	[insert name] – [Assistant Coach]
Charge Person (3 <sup>rd</sup> Option)	[insert name] – [Manager]
Charge Person (4 <sup>th</sup> Option)	[insert name] – [Responsible Parent]
<b>First AID 1<sup>st</sup> (absence of Athletic Therapist)</b>	[insert name] – [Head Coach]
First AID 2 <sup>nd</sup> (absence of Athletic Therapist)	[insert name] – [Assistant Coach]
<b>Call Person (1<sup>st</sup> Option)</b>	[insert name] – [Manager]
<b>Practice Control (1<sup>st</sup> Option)</b>	[insert name] – [Assistant Coach]
Call Person (2 <sup>nd</sup> Option)	[insert name] – [Assistant Coach]
Practice Control (2 <sup>nd</sup> Option)	[insert name] – [Responsible Parent]
Call Person (3 <sup>rd</sup> Option)	[insert name] – [Responsible Parent]
Meet Ambulance if required	[insert name] – [Responsible Parent]
<b>NCYG Flag Director</b>	Bill Wilson – 819-520-9322

### REFERENCE INFORMATION

**Parent Contact Number(s)** A number for each child (player) and backup contact is required.

**Directions (Back Page)** **Review EAP with directions to practice location as well as map marked with precise practice location and closest access point(s)**  
 Game EAP with directions to game location(s) as well as map marked with precise game location and closest access point(s)

**First Aid Kit** Include: Rubber gloves, bandages (various sizes), medical tape, gauze, scissors, tweezers, alcohol swabs, rolled tensor bandage with clips, safety pins, ice packs, foil blanket, extra water on hand always.